

Bethany United Methodist Church

Men's 30 & Over Fellowship Basketball League Rules

THE PURPOSE OF THE MEN'S BASKETBALL LEAGUE IS TO PROMOTE CHRISTIAN FELLOWSHIP, SPORTSMANSHIP, AND RECREATION AMONG THE CHURCHES OF THE SUMMerville AREA. THE FOLLOWING GUIDELINES ARE DESIGNED TO MEET AND ENFORCE THIS PURPOSE:

- Good sportsmanship will be required of team captains, players, and spectators.
- The Leisure Ministries Director, assisted by a steering committee representing Bethany U.M. Church's Leisure Ministries Committee, will be responsible for the business affairs of the league including the resolution of any disputes.
- Team captains should be selected for their skill and Christian character as a leader.

Qualifications for Players

1. The Men's 30 & Over Fellowship Basketball League is open only to church teams.
 - Teams will consist of men who are 30 years of age and over. ***Every player must verify their age by presenting their original driver's license to the scorekeeper at their first game.***
 - The minimum number of players on a team is eight. The maximum number of players per team is fifteen.
 - If a church cannot field a team alone, they may combine players from another church (with approval) providing the players meet the qualification of membership.
2. Team captains must present a roster signed by him and the players verifying the players are qualified to represent that church. ***Additions or deletions can be made to the roster until March 17, 2010.***
3. Any names on the roster that have not turned in an insurance waiver will not be legal.
4. A player must play in at least 3 games in order to be eligible for tournament play.
5. Any team playing an ineligible player will forfeit all games in which that player participated.

Entrance Requirements

1. The team fee of \$405.00 must be paid by the March 10th team captain's meeting in order to be put on the schedule.
2. Every team must provide the name and address of the minister of the church they represent.

Schedules and Awards

1. The league manager will draw an official schedule and establish game times. Games will not be rescheduled except for circumstances deemed necessary by Bethany.
2. For a ten team league, regular season play will consist of playing every team once with a single elimination tournament.
3. Awards will consist of a traveling trophy for the winning team's church to display for a year, the team name added to the league plaque in Bethany's hall way and \$150.00 gift certificate.

Playing rules

1. The league manager will hire the referees, timer and scorekeeper.
 - The records kept by the scorekeeper will be official with disputes only settled between the referee and the scorekeeper.
 - Technical fouls will be recorded on the official team roster in order to effectively enforce the rules pertaining to technical fouls.

2. Official high school rules shall govern all play except as follows.
3. Starting of the game:
 - Each team will be given at least five minutes to warm up.
 - There will be no grace period for the start of the game. Scheduled time is game time except if the prior game is in overtime.
 - A team may begin the game with 4 players but will be assessed an administrative technical foul with the opposing team receiving two free throws and the possession of the ball.
 - Individual players must check in with the scorer and give their jersey number before the start of the game. Only players listed on the official team roster will be allowed to play. Additions will not be made to the official score sheet without approval from the league manager.
4. The time clock:
 - The games will consist of two 20 minute halves with a running clock except for shooting fouls (when the shooter receives the ball) and on every dead ball on the last minute of the first half and the last two minutes of the second half.
 - If there is a 30 point lead the clock will not stop the last two minutes of each half.
 - Each team will be allowed 3 full and 2 thirty-second time outs per game.
 - Half time will be 3 minutes.
 - Overtime periods will consist of 3 minutes each with a running clock except for shooting fouls (when the shooter receives the ball) and on every dead ball on the last minute of the period. One full time out will be awarded to each team and fouls will carryover.
5. Freethrows:
 - Players can attack the ball on release of free throws.
5. Defense:
 - No team will full court press if they have a 30 point lead.
6. Technical Fouls:
 - **Violation technical foul**, ex. six men on the court, come as a result of a particular rules violation. These fouls do not count against a player for the season.
 - **Player controlled technical foul**, ex. dunking, hanging on the rim, slapping backboard, will result in a technical foul and the player being dismissed from the game.
 - **Flagrant technical foul** (on a live or dead ball) for any adverse behavior, verbal or physical, will cause the individual to be suspended from the league.
 - **Flagrant technical fouls** can be assessed on the team bench for any adverse behavior.

Uniforms

1. All players of the same team must have the same color jerseys with legal numbers preferably on front and back. If a team does not have jerseys with numbers, they must wear numbered pinnies.
2. If teams have the same color uniforms, visitors will wear pennies.
3. For the safety reasons, all players should wear plain athletic style shorts. Non athletic style shorts with pockets and zippers will not be allowed.

Gym Rules

1. The referees have complete control of the game with their call being final. The Leisure Ministries Director or designees will only come onto the court when called by the referee.
2. Everyone will be expected to show respect for the rules of the game, other people, and the facility.
3. Game and practice balls will be furnished. Outside balls are not allowed in the gym.
4. Parents are responsible for the safety of their children at all times. They should not be left unattended or allowed to run through the building or property.
5. No smoking, eating, drinking, or profanity will be tolerated by anyone inside the building.

Bethany United Methodist Church
Men's 30 & Over Fellowship Basketball League
Spring 2010 Team Roster

Team roster MUST be turned in at first game.

Church Name _____ Team Name _____

The following plan to participate in the Bethany United Methodist Church Men's 30 & Over Basketball League. I understand that Bethany United Methodist Church does not have insurance coverage for the players. I understand that all players must submit a signed insurance waiver

Print Names Clearly

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____

I verify, by signing below that I have read the rules for the men's basketball league and that the players listed above meet those guidelines. I understand that it is my responsibility as team captain to see that every player understands the league rules.

Team captain's name
Date

Team captain's signature

Individual player waivers due before they play their first game.

***Bethany United Methodist Church
Men's 30 & Over Fellowship Basketball League
2010 Season***

Insurance Waiver for Players

Team Name _____ **Team captain** _____

All players must submit an insurance waiver.

Name of player _____ **Age** _____

Address _____ **Date of Birth** _____

City/State/Zip _____ **Phone** _____

Church attends:

I _____ agree to participate in the Bethany United Methodist Church Men's' Basketball League. I accept the fact that injuries may occur while he/she participates in this league. I understand that Bethany United Methodist Church does not provide insurance coverage for this activity. I also understand that I am responsible for any injuries that may occur. I agree that medical attention may be obtained for this person if necessary.

Signature _____ **Date** _____

Individual player waivers due before they play their first game.