

Bethany United Methodist Church

Coed Power Volleyball League

Fall 2008 Rules

THE PURPOSE OF THE COED VOLLEYBALL CHURCH LEAGUE IS TO PROMOTE FUN, FELLOWSHIP, AND RECREATION FOR THE CHURCHES OF THE SUMMERVILLE AREA. THE FOLLOWING GUIDELINES ARE DESIGNED TO MEET THIS PURPOSE:

- Good sportsmanship will be required of all team captains, players, and spectators.
- The Leisure Ministries Director, assisted by a steering committee representing Bethany U.M. Church's Leisure Ministries Committee, will be responsible for the business affairs of the league. This will also include resolving any disputes that may arise.
- Team captains should be selected for their skill and Christian character as a leader.
- This is a Coed league, and every reasonable effort should be used to ensure both male and female players participate equally.

Qualifications of Players

1. The power volleyball league is open to churches and the community.
 - All players must be at least 17 years old. Players may be 16 years old if their 17th birthday occurs during the season.
2. Team captains must submit a roster signed by them verifying the players are qualified.
 - Minimum number of players on a roster is 8; maximum number of players is 15.
 - Every member of the team must sign the insurance waiver on the roster form. Players under 18 years old must also have a separate insurance waiver signed by their parent.
3. Women may play in both the power and recreational leagues. However, men in the power league are not allowed to play in the recreation league.
4. Any team playing an ineligible player will forfeit all games in which that player participated.

League Entrance Requirements

1. Each team desiring to enter the league must have someone represent them at the team captains meeting.
2. There shall be an entry fee of \$165.00. for expenses connected with the league. **The team captain will make one of the following payment arrangements with the league manager by the team captains meeting:**
 - Invoice sent to their church.
 - Pay the entire, non-refundable entry fee. If all fees are collected, they may be turned in at that time. Otherwise, a check must be written for the full amount. That check will be held for one month until the team captain can collect the money. After one month, the check will be deposited.
3. The team roster and insurance waivers are due by the first match. Additional players may be added to the roster up to the mid-point of the regular season (play-offs not included). All players must sign the insurance waiver prior to playing.
4. Every team must provide the name of the minister and address of the church they represent.

Game Scheduling

1. The official schedule for regular season and the play-offs will be posted in the gym.
 - The league manager will notify the team captain of their first game one-week before the season begins. It then becomes the captain's responsibility to keep up with the schedule for regular season, seeding for the play-offs, and the play-off game times.
 - Games will not be rescheduled unless there are unforeseen circumstances on Bethany's behalf.

Team Rules

1. A team roster indicating the players for that game will be turned in to the referee by the end of the match. Players must play in a least 6 regular season games in order to qualify for the play-off.
2. If needed, there will be a ten-minute grace period for the 1st game of the evening. All subsequent matches begin at the regular scheduled time unless the preceding match runs long. Once the preceding match that ran long ends, there will be a ten-minute warm-up period, and then the match will begin.
3. No more than three minutes shall elapse between games of a match.
4. Teams may start play with 4, 5, or 6 players. A team not able to field 4 players at the start of the match will forfeit the match.
5. A minimum of two players must be on the back row at all times. If only 4 players are on the court, two players must be on the front row and two on the back.
6. Teams must have a minimum of two (2) ladies on the court at all times. There is no limit to the number of ladies on the court, respective of the six players. When ever possible, three (3) men and women should be on the court, and their participation should be equivalent.
7. Any team forfeiting six (6) games (not matches) will be ineligible for play-offs.

Playing Rules

1. Official USA Volleyball rules will govern all play with some exceptions. These exceptions will be decided at the beginning of the season and followed through out the season.
2. For the power league, a match will be two (2) games to 25 with rally scoring.
3. The total number of games won and lost will determine play-off seeding.
4. Each team has 2 time outs per match, of no more than 2 minutes in duration.
5. If the ball hits the ceiling during play, a team may play the ball if it does not cross the plane of the net and they are within their legal three hits.
6. The intent of this coed league is for both male and female players to participate equally.
7. For five (5) and six (6) person teams only, when only one male player is in the front row at service, one male back-row player may be forward of the attack line for the purpose of blocking (not hitting). No female back-row player may participate in a block.
8. Substitutions must be girl-for-girl and/or guy-for-guy. There is not limit to the number of substitutions.

Awards

1. Any awards/prizes will be split evenly between the winner of the regular season and the winner of the post-season play-offs.