

Bethany United Methodist Church
Coed Recreational Volleyball League
Rules

THE PURPOSE OF THE COED VOLLEYBALL CHURCH LEAGUE IS TO PROMOTE FUN, FELLOWSHIP, AND RECREATION FOR THE CHURCHES OF THE SUMMERVILLE AREA. THE FOLLOWING GUIDELINES ARE DESIGNED TO MEET THIS PURPOSE:

- Good sportsmanship will be required of all team captains, players, and spectators.
- The Leisure Ministries Director, assisted by a steering committee representing Bethany U.M. Church's Leisure Ministries Committee, will be responsible for the business affairs of the league. This will also include resolving any disputes that may arise.
- Team captains should be selected for their skill and Christian character as a leader.

The intent of the Coed Recreational Volleyball League is to provide the novice to intermediate level player, with minimal organized volleyball team experience, the opportunity to develop their ball handling and team play skills in a friendly, competitive, Christian atmosphere. The goal is to develop those individual and team skills to the extent that they will be able to successfully compete at the intermediate level in Bethany United Methodist Church's Intermediate Volleyball League play. Those players and teams that exhibit intermediate level playing ability will be encouraged, but not mandated, to move up to the Intermediate League at the end of each season to further develop and hone those skills.

Qualifications of Players

1. The recreational volleyball league is open to church teams.
 - All players must be at least 15 years old at the start of the season.
 - 50% of their team should be members of the church they are representing.
 - If a church cannot field a team alone, they may combine players from another church (with approval) providing the players meet the qualification of membership.
2. Team captains must submit a roster signed by him verifying the players are qualified to represent their church.
 - Minimum number of players on a roster is 8; maximum number of players is 15.
 - Every member of the team must sign an insurance waiver form. Players under 18 years old must have an insurance waiver signed by their parent.
 - No one can play for more than one team at anytime during the season.
3. No men from an intermediate or power league can play on a recreational team.
4. Any team playing an ineligible player will forfeit all games in which that player participated.

League Entrance Requirements

1. There will be a team fee of \$165.00 to cover expenses connected with the operation of the league.
2. The team captain must make one of the following payment arrangements at the team captains' meeting:
 - Arrange to have an invoice sent to their church.
 - Pay the entire entry with one check.
3. The team captain must turn in a team roster by the first game.
 - Players can be added to the roster by the end of the second night of play.
 - Once someone plays on a team they are automatically added to that roster.
4. All individual insurance waivers are due before the player plays their first game.

Game Scheduling

1. The official schedule for regular season and the play-offs will be posted in the gym.
 - The league manager will notify the team captain of their first game one-week before the season begins. It then becomes the team captain's responsibility to keep up with the schedule for regular season, seeding for the play-offs, and the play-off game times.
 - Games will not be rescheduled unless there are unforeseen circumstances on Bethany's behalf.
2. Teams will be assigned to provide line judges and a scorekeeper for games.
 - Teams assigned to line judge and keep score on court #2 will also provide a referee.

Team Rules

1. A team roster indicating the players for that game will be turned in to the referee by the end of the match. Players must play in a least 3 regular season matches in order to qualify for the play-off.
2. If needed, there will be a five-minute grace period for the starting of the first game. This applies only to the first game.
3. Teams may start play with 4, 5, or 6 players. A team not able to field 4 players at the start of the match will forfeit the match.
4. Teams may not play more than 3 men on the court at any given time. There is no limit to the number of ladies on the court, respective of the six players.
5. Any team forfeiting three (3) matches will be dropped from the league.

Playing Rules

1. Official USA Volleyball rules will govern all play with some exceptions. These exceptions will be decided at the beginning of the season and followed through out the season.
2. For the recreational league, a match will be the best 2 out of 3 games. The first two games will go to 25 points, winning by 2, with rally scoring. The third game will go to 15 with rally scoring with a 17 point cap.
3. The total number of matches won and lost will determine play-off seeding.
4. Each team has 2 time outs per match.
5. If the ball hits the ceiling during play, a team may play the ball if it does not cross the plane of the net and they are with their legal three hits. However, the player who hits the ball to the ceiling may no play it off the ceiling. A dead ball is called if the ball crosses the plane of the net.
6. The net serve is allowed.
7. The overhand serve is optional for the recreational league. Jump serves are not allowed.
8. The height of the net will be set at 7 foot 11 5/8 inches (20 ½ mark on the pole).